

## Sri Vishnu Sahasranama Sthothram

om śuklāambaradharam viṣṇum śaśivarṇam caturbhujam |  
prasannavadanam dhyāyet sarvavighnopaśāntaye || 1 ||

yasyadviradavaktrādyāḥ pāriṣadyāḥ paraḥ śatam |  
vighnam nighnanti satatam viśvaksenam tamāśraye || 2 ||

vyāsam vasiṣṭha naptāram śakteḥ pautramakalmaṣam |  
parāśarātmajam vande śukatātam taponidhim || 3 ||

vyāsāya viṣṇu rūpāya vyāsarūpāya viṣṇave |  
namo vai brahmanidhaye vāsiṣṭhāya namo namaḥ || 4 ||

avikārāya śuddhāya nityāya paramātmane |  
sadaika rūpa rūpāya viṣṇave sarvajiṣṇave || 5 ||

yasya smaraṇamātreṇa janmasaṃsārabandhanāt |  
vimucyate namastasmai viṣṇave prabhaviṣṇave || 6 ||

om namo viṣṇave prabhaviṣṇave |  
**śrī vaiśampāyana uvāca**  
śrutvā dharmā naśeṣeṇa pāvanāni ca sarvaśaḥ |  
yudhiṣṭhiraḥ śāntanavam punarevābhya bhāṣata || 7 ||

**yudhiṣṭhira uvāca**  
kimekaṃ daivatam loke kiṃ vā<sup>o</sup>pyekaṃ parāyaṇam  
stuvantaḥ kaṃ kamarcantaḥ prāpnuyurmānavāḥ śubham || 8 ||

ko dharmāḥ sarvadharmāṇām bhavataḥ paramo mataḥ |  
kiṃ japanmucyate janturjanmasaṃsāra bandhanāt || 9 ||

**śrī bhīṣma uvāca**  
jagatprabhum devadeva manantam puruṣottamam |  
stuvannāma sahasreṇa puruṣaḥ satatotthitaḥ || 10 ||

tameva cārcayannityaṃ bhaktyā puruṣamavyayam |  
dhyāyan stuvannamasyaṃśca yajamānastameva ca || 11 ||

anādi nidhanaṃ viṣṇuṃ sarvaloka maheśvaram |  
lokādhyakṣaṃ stuvannityaṃ sarva duḥkhātigo bhavet || 12 ||

brahmaṇyaṃ sarva dharmaññaṃ lokānāṃ kīrti vardhanam |  
lokanāthaṃ mahadbhūtaṃ sarvabhūta bhavodbhavam || 13 ||

eṣa me sarva dharmāṇāṃ dharmo<sub>2</sub>dhika tamomataḥ |  
yadbhaktyā puṇḍarīkāṣaṃ stavairarcennaraḥ sadā || 14 ||

paramaṃ yo mahattejaḥ paramaṃ yo mahattapaḥ |  
paramaṃ yo mahadbrahma paramaṃ yaḥ parāyaṇam | 15 ||

pavitrāṇāṃ pavitraṃ yo maṅgaḷānāṃ ca maṅgaḷam |  
daivataṃ devatānāṃ ca bhūtānāṃ yo<sub>2</sub>vyayaḥ pitā || 16 ||

yataḥ sarvāṇi bhūtāni bhavantyādi yugāgame |  
yasmimśca pralayaṃ yānti punareva yugakṣaye || 17 ||

tasya loka pradhānasya jagannāthasya bhūpate |  
viṣṇornāma sahasraṃ me śruṇu pāpa bhayāpaham || 18 ||

yāni nāmāni gauṇāni vikhyātāni mahātmanaḥ |  
ṛṣibhiḥ parigītāni tāni vakṣyāmi bhūtaye || 19 ||

ṛṣirnāmnāṃ sahasrasya vedavyāso mahāmuniḥ ||  
chando<sub>2</sub>nuṣṭup tathā devo bhagavān devakīsutaḥ || 20 ||

amṛtāṃ śūdbhavo bījaṃ śaktirdevakinandanaḥ |  
trisāmā hṛdayaṃ tasya śāntyarthe viniyujyate || 21 ||

viṣṇuṃ jiṣṇuṃ mahāviṣṇuṃ prabhaviṣṇuṃ maheśvaram ||  
anekarūpa daityāntaṃ namāmi puruṣottamam || 22 ||

## pūrvanyāsaḥ

asya śrī viṣṇordivya sahasranāma stotra mahāmantrasya || śrī vedavyāso  
bhagavān ṛṣiḥ | anuṣṭup chandaḥ | śrīmahāviṣṇuḥ paramātmā śrīmannārāyaṇo  
devatā | amṛtāmśūdbhavo bhānuriti bījam | devakīnandanaḥ sraṣṭeti śaktiḥ |  
udbhavaḥ, kṣobhaṇo deva iti paramomantraḥ | śāṅkhabhṛnnandakī cakṛti  
kīlakam | śāṅgadhanvā gadādhara ityastram | rathāṅgapāṇi rakṣobhya iti netram  
| trisāmāsāmagah sāmēti kavacam | ānandaṃ parabrahmeti yoniḥ |  
ṛtussudarśanaḥ kāla iti digbandhaḥ ||

śrīviśvarūpa iti dhyānam | śrī mahāviṣṇu prītyarthe sahasranāma jape viniyogaḥ |

## karanyāsaḥ

viśvaṃ viṣṇurvaṣaṭkāra ityaṅguṣṭhābhyāṃ namaḥ  
amṛtām śūdbhavo bhānuriti tarjanībhyāṃ namaḥ  
brahmaṇyo brahmakṛt brahmeti madhyamābhyāṃ namaḥ  
suvarṇabindu rakṣobhya iti anāmikābhyāṃ namaḥ  
nimiṣo᳚nimiṣaḥ sragvīti kaniṣṭhikābhyāṃ namaḥ  
rathāṅgapāṇi rakṣobhya iti karatala karapṛṣṭhābhyāṃ namaḥ

## aṅganyāsaḥ

suvrataḥ sumukhaḥ sūkṣma iti ṅñānāya hṛdayāya namaḥ  
sahasramūrtiḥ viśvātmā iti aiśvaryaaya śirase svāhā  
sahasrārciḥ saptajihva iti śaktyai śikhāyai vaṣaṭ  
trisāmā sāmagaśāmeti balāya kavacāya huṃ  
rathāṅgapāṇi rakṣobhya iti netrābhyāṃ vauṣaṭ  
śāṅgadhanvā gadādhara iti vīryāya astrāyaphaṭ  
ṛtuḥ sudarśanaḥ kāla iti digbandhaḥ

## dhyānam

kṣīrodhanvatpradeśe śucimaṇivilasatsaikatemauktikānāṃ  
mālākluptāsanasthaḥ sphaṭikamaṇinibhairmauktikairmaṇḍitāṅgaḥ |  
śubhraiabhrairadabhrairupariviracitairmuktapīyūṣa varṣaiḥ  
ānandī naḥ punīyādarinalinagadā śāṅkhapāṇirmukundaḥ || 1 ||

bhūḥ pādau yasya nābhīrviyadasuranilaścandra sūryau ca netre  
karṇāvāśāḥ śīrodyaurmukhamapi dahano yasya vāsteyamabdhiḥ |  
antaḥsthaṃ yasya viśvaṃ sura narakhagagobhogigandharvadaityaiḥ  
citraṃ raṃ ramyate taṃ tribhuvana vapuśaṃ viṣṇumīśaṃ namāmi || 2 ||

oṃ namo bhagavate vāsudevāya !  
śāntākāraṃ bhujagaśayanaṃ padmanābhaṃ sureśaṃ  
viśvādhāraṃ gaganasadṛśaṃ meghavarṇaṃ śubhāṅgam |  
lakṣmīkāntaṃ kamalanayanaṃ yogibhirdhyānagamyam  
vande viṣṇuṃ bhavabhayaharaṃ sarvalokaikanātham || 3 ||

meghaśyāmaṃ pītakaśeyavāsaṃ  
śrīvatsākaṃ kaustubhodbhāsītāṅgam |  
puṇyopetaṃ puṇḍarīkāyatākṣaṃ  
viṣṇuṃ vande sarvalokaikanātham || 4 ||

namaḥ samasta bhūtānām ādi bhūtāya bhūbhṛte |  
anekarūpa rūpāya viṣṇave prabhaviṣṇave || 5 ||

saśāṅkhacakraṃ sakirīṭakuṇḍalaṃ  
sapītavastraṃ sarasīruhekṣaṇam |  
sahāra vakṣaḥsthala śobhi kaustubhaṃ  
namāmi viṣṇuṃ śīrasā caturbhujam | 6 ||

chāyāyāṃ pārijātasya hemasiṃhāsanopari  
āsīnamambudaśyāmamāyatākṣamalaṅkṛtam || 7 ||

candrānanaṃ caturbāhuṃ śrīvatsāṅkita vakṣasaṃ  
rukmiṇī satyabhāmābhyāṃ sahitaṃ kṛṣṇamāśraye || 8 ||

### pañcapūja

laṃ – pṛthivyātmane ganthaṃ samarpayāmi  
haṃ – ākāśātmane puṣpaiḥ pūjayāmi  
yaṃ – vāyvātmane dhūpamāghrāpayāmi  
raṃ – agnyātmane dīpaṃ darśayāmi

vaṃ – amṛtātmane naivedyaṃ nivedayāmi  
saṃ – sarvātmane sarvopacāra pūjā namaskārān samarpayāmi

### stotram

hariḥ oṃ

viśvaṃ viṣṇurvaṣaṭkāro bhūtabhavyabhavatprabhuḥ |  
bhūtakṛdbhūtabhṛdbhāvo bhūtātmā bhūtabhāvanaḥ || 1 ||

pūtātmā paramātmā ca muktānāṃ paramāgatiḥ |  
avyayaḥ puruṣaḥ sākṣī kṣetrañño ॐ kṣara eva ca || 2 ||

yogo yogavidāṃ netā pradhāna puruṣeśvaraḥ |  
nārasimhavapuḥ śrīmān keśavaḥ puruṣottamaḥ || 3 ||

sarvaḥ śarvaḥ śivaḥ sthānurbhūtādirnidhiravyayaḥ |  
sambhavo bhāvano bhartā prabhavaḥ prabhurīśvaraḥ || 4 ||

svayambhūḥ śambhurādityaḥ puṣkarākṣo mahāsvanaḥ |  
anādinidhano dhātā vidhātā dhāturuttamaḥ || 5 ||

aprameyo hṛṣīkeśaḥ padmanābho ॐ maraprabhuḥ |  
viśvakarmā manustvaṣṭā sthaviṣṭhaḥ sthaviro dhruvaḥ || 6 ||

agrāhyaḥ śāśvato kṛṣṇo lohitākṣaḥ pratardanaḥ |  
prabhūtastrikakubdhāma pavitraṃ maṅgalaṃ param || 7 ||

īśānaḥ prāṇadaḥ prāṇo jyeṣṭhaḥ śreṣṭhaḥ prajāpatiḥ |  
hiraṇyagarbho bhūgarbho mādhave madhusūdanaḥ || 8 ||

īśvaro vikramīdhanvī medhāvī vikramaḥ kramaḥ |  
anuttamo durādharṣaḥ kṛtaññaḥ kṛtirātmavān || 9 ||

sureśaḥ śaraṇaṃ śarma viśvaretāḥ prajābhavaḥ |  
ahassaṃvatsaro vyāḷaḥ pratyaḃyaḥ sarvadarśanaḥ || 10 ||

ajassarveśvaraḥ siddhaḥ siddhiḥ sarvādiracyutaḥ |  
vṛṣākapirameyātmā sarvayogavinissṛtaḥ || 11 ||

vasurvasumanāḥ satyaḥ samātmā sammitassamaḥ |  
amoghaḥ puṇḍarīkākṣo vṛṣakarmā vṛṣākṛtiḥ || 12 ||

rudro bahuśirā babhrurviśvayoniḥ śuciśravāḥ |  
amṛtaḥ śāśvatasthāṇurvarāroho mahātapāḥ || 13 ||

sarvagaḥ sarva vidbhānurviśvakseno janārdanaḥ |  
vedo vedavidavyaṅgo vedāṅgo vedavitkaviḥ || 14 ||

lokādhyakṣaḥ surādhyakṣo dharmādhyakṣaḥ kṛtākṛtaḥ |  
caturātmā caturvyūhaścaturdaṁṣṭraścaturbhujāḥ || 15 ||

bhrājiṣṇurbhojanaṁ bhoktā sahiṣnurjagadādijaḥ |  
anagho vijayo jetā viśvayoniḥ punarvasuḥ || 16 ||

upendro vāmanaḥ prāṁsuramoghaḥ śucirūrjitaḥ |  
atīndraḥ saṅgrahaḥ sargo dhṛtātmā niyamo yamaḥ || 17 ||

vedyo vaidyaḥ sadāyogī vīrahā mādhave madhuḥ |  
atīndriyo mahāmāyo mahotsāho mahābalaḥ || 18 ||

mahābuddhirmahāvīryo mahāśaktirmahādyutiḥ |  
anirdeśyavapuḥ śrīmānameyātmā mahādridhṛk || 19 ||

maheśvāso mahībhartā śrīnivāsaḥ satāṅgatiḥ |  
aniruddhaḥ surānando govindo govidāṁ patiḥ || 20 ||

marīcirdamano haṁsaḥ suparṇo bhujagottamaḥ |  
hiraṇyanābhaḥ sutapāḥ padmanābhaḥ prajāpatiḥ || 21 ||

amṛtyuḥ sarvadṛk siṁhaḥ sandhātā sandhimān sthiraḥ |  
ajo durmarṣaṇaḥ śāstā viśrutātmā surārihā || 22 ||

gururgurutamo dhāma satyaḥ satyaparākramaḥ |  
nimiṣo॑\_nimiṣaḥ sragvī vācaspatirudāradhīḥ || 23 ||

agraṇīgrāmaṇīḥ śrīmān nyāyo netā samīraṇaḥ  
sahasramūrdhā viśvātmā sahasrākṣaḥ sahasrapāt || 24 ||

āvartano nivṛttātmā saṃvṛtaḥ sampramardanaḥ |  
ahaḥ saṃvartako vahniraniḥ dharaṇīdharah || 25 ||

suprasādaḥ prasannātmā viśvadhṛgviśvabhugvibhuḥ |  
saktartā satkṛtaḥ sādhanurjahnurnārāyaṇo naraḥ || 26 ||

asaṅkhyeyo॑\_prameyātmā viśiṣṭaḥ śiṣṭakṛcchuciḥ |  
siddhārthaḥ siddhasaṅkalpaḥ siddhidāḥ siddhi sādhanah || 27 ||

vṛṣāhī vṛṣabho viṣṇurvṛṣaparvā vṛṣodaraḥ |  
vardhano vardhamānaśca viviktaḥ śrutisāgaraḥ || 28 ||

subhujo durdharo vāgmī mahendro vasudo vasuḥ |  
naikarūpo bṛhadrūpaḥ śipiviṣṭaḥ prakāśanaḥ || 29 ||

ojastejodyutidharah prakāśātmā pratāpanaḥ |  
ṛddhaḥ spaṣṭākṣaro mantraścandrāṃśurbhāskaradyutiḥ || 30 ||

amṛtāṃśūdbhavo bhānuḥ śaśabinduḥ sureśvaraḥ |  
auśadham jagataḥ setuḥ satyadharmaparākramaḥ || 31 ||

bhūtabhavyabhavannāthaḥ pavanaḥ pāvano॑\_nalaḥ |  
kāmahā kāmakṛtkāntaḥ kāmaḥ kāmapradaḥ prabhuḥ || 32 ||

yugādi kṛdyugāvarto naikamāyo mahāśanaḥ |  
adṛśyo vyaktarūpaśca sahasrajidanantajit || 33 ||

iṣṭo॑\_viśiṣṭaḥ śiṣṭeṣṭaḥ śikhaṇḍī nahuṣo vṛṣaḥ |  
krodhahā krodhakṛtkartā viśvabāhurmahīdharah || 34 ||

acyutaḥ prathitaḥ prāṇaḥ prāṇado vāsavānujaḥ |  
apāṃnidhiradhiṣṭhānamapramattaḥ pratiṣṭhitaḥ || 35 ||

skandaḥ skandadharo dhuryo varado vāyuvāhanaḥ |  
vāsudevo bṛhadbhānurādidevaḥ purandharaḥ || 36 ||

aśokastāraṇastāraḥ śūraḥ śaurirjaneśvaraḥ |  
anukūlaḥ śatāvartaḥ padmī padmanibhekṣaṇaḥ || 37 ||

padmanābho ॐ ravindākṣaḥ padmagarbhaḥ śarīrabhṛt |  
mahardhirṛddho vṛddhātmā mahākṣo garuḍadhvaḥ || 38 ||

atulaḥ śarabho bhīmaḥ samayañño havirhariḥ |  
sarvalakṣaṇalakṣaṇyo lakṣmīvān samitiñjayaḥ || 39 ||

vikṣaro rohito mārgo heturdāmodaraḥ sahaḥ |  
mahīdharo mahābhāgo vegavānamitāśanaḥ || 40 ||

udbhavaḥ, kṣobhaṇo devaḥ śrīgarbhaḥ parameśvaraḥ |  
karaṇaṃ kāraṇaṃ kartā vikartā gahano guhaḥ || 41 ||

vyavasāyo vyavasthānaḥ saṃsthānaḥ sthānado dhruvaḥ |  
parardhiḥ paramaspaṣṭaḥ tuṣṭaḥ puṣṭaḥ śubhekṣaṇaḥ || 42 ||

rāmo virāmo virajo mārgoneyo nayo ॐ nayāḥ |  
vīraḥ śaktimatāṃ śreṣṭho dharmodharma viduttamaḥ || 43 ||

vaikuṇṭhaḥ puruṣaḥ prāṇaḥ prāṇadaḥ praṇavaḥ pṛthuh |  
hiraṇyagarbhaḥ śatrughno vyāpto vāyuradhokṣajaḥ || 44 ||

ṛtuḥ sudarśanaḥ kālaḥ parameṣṭhī parigrahaḥ |  
ugraḥ saṃvatsaro dakṣo viśrāmo viśvadaḥkṣiṇaḥ || 45 ||

vistāraḥ sthāvara sthānuḥ pramāṇaṃ bījamavyayam |  
artho ॐ nārtho mahākośo mahābhogo mahādhanāḥ || 46 ||



anirviṇṇaḥ sthaviṣṭho bhūddharmayūpo mahāmakhaḥ |  
nakṣatranemirnakṣatrī kṣamaḥ, kṣāmaḥ samīhanaḥ || 47 ||

yañña iḷyo mahejyaśca kratuḥ satraṃ satāṅgatiḥ |  
sarvadarśī vimuktātmā sarvañño ññānamuttamam || 48 ||

suvrataḥ sumukhaḥ sūkṣmaḥ sughoṣaḥ sukhadaḥ suhṛt |  
manoharo jitakrodho vīra bāhurvidāraṇaḥ || 49 ||

svāpanaḥ svavaśo vyāpī naikātmā naikakarmakṛt |  
vatsaro vatsalo vatsī ratnagarbho dhaneśvaraḥ || 50 ||

dharmagubdharmakṛddharmī sadasatkṣaramakṣaram |  
aviññātā sahastrāṃśurvidhātā kṛtalakṣaṇaḥ || 51 ||

gabhastinemiḥ sattvasthaḥ siṃho bhūta maheśvaraḥ |  
ādidevo mahādevo deveśo devabhṛdguruḥ || 52 ||

uttaro gopatirgoptā ññānagamyāḥ purātanaḥ |  
śārīra bhūtabhṛd bhoktā kapīndro bhūridakṣiṇaḥ || 53 ||

somapo<sup>2</sup>mṛtapaḥ somaḥ purujit purusattamaḥ |  
vinayo jayaḥ satyasandho dāśārhaḥ sātvatāṃ patih || 54 ||

jīvo vinayitā sākṣī mukundo<sup>2</sup>mita vikramaḥ |  
ambhonidhiranantātmā mahodadhi śayontakaḥ || 55 ||

ajo mahārhaḥ svābhāvyo jitāmitraḥ pramodanaḥ |  
ānando<sup>2</sup>nandanonandaḥ satyadharmā trivikramaḥ || 56 ||

maharṣiḥ kapilācāryaḥ kṛtañño medinīpatiḥ |  
tripadastridaśādhyakṣo mahāśṛṅgaḥ kṛtāntakṛt || 57 ||

mahāvarāho govindaḥ suṣeṇaḥ kanakāṅgadī |  
guhyo gabhīro gahano guptaścakra gadādharāḥ || 58 ||

vedhāḥ svāṅgo᳚jitaḥ kṛṣṇo dṛḍhaḥ saṅkarṣaṅo᳚cyutaḥ |  
varuṅo vāruṅo vṛkṣaḥ puṣkarākṣo mahāmanāḥ || 59 ||

bhagavān bhagahā᳚|᳚nandī vanamālī halāyudhaḥ |  
ādityo jyotirādityaḥ sahiṣṇurgatisattamaḥ || 60 ||

sudhanvā khaṇḍaparaśurdāruṅo draviṇapradaḥ |  
divaḥsprk sarvadṛgvyāso vācaspatirayonijaḥ || 61 ||

trisāmā sāmagāḥ sāma nirvāṇaṃ bheṣajaṃ bhiṣak |  
sanyāsakṛcchamaḥ śānto niṣṭhā śāntiḥ parāyaṇaṃ | 62 ||

śubhāṅgaḥ śāntidaḥ sraṣṭā kumudaḥ kuvaleśayaḥ |  
gohito gopatirgoptā vṛṣabhākṣo vṛṣapriyaḥ || 63 ||

anivartī nivṛttātmā saṅkṣeptā kṣemakṛcchivaḥ |  
śrīvatsavakṣāḥ śrīvāsaḥ śrīpatiḥ śrīmatāmvaraḥ || 64 ||

śrīdaḥ śrīśaḥ śrīnivāsaḥ śrīnidhiḥ śrīvibhāvanaḥ |  
śrīdharāḥ śrīkaraḥ śreyaḥ śrīmāṅllokatrayaśrayaḥ || 65 ||

svakṣaḥ svaṅgaḥ śatānando nandirjyotirgaṇeśvaraḥ |  
vijitātmā᳚vidheyātmā satkīrticchinnaśayaḥ || 66 ||

udīrṇaḥ sarvataścakṣuranīśaḥ śāśvatasthiraḥ |  
bhūśayo bhūṣaṅo bhūtirviśokaḥ śokanāśanaḥ || 67 ||

arciṣmānarcitaḥ kumbho viśuddhātmā viśodhanaḥ |  
aniruddho᳚pratirathaḥ pradyumno᳚mitavikramaḥ || 68 ||

kālaneminihā vīraḥ śauriḥ śūrajaneśvaraḥ |  
trilokātmā trilokeśaḥ keśavaḥ keśihā hariḥ || 69 ||

kāmadevaḥ kāmāpālaḥ kāmī kāntaḥ kṛtāgamaḥ |  
anirdeśyavapurviṣṇurvīro᳚nanto dhanañjayaḥ || 70 ||

brahmaṇyo brahmakṛd brahmā brahma brahmavivardhanaḥ |  
brahmaivid brāhmaṇo brahmī brahmañño brāhmaṇapriyaḥ || 71 ||

mahākramo mahākarmā mahātejā mahoragaḥ |  
mahākaturmahāyajvā mahāyañño mahāhaviḥ || 72 ||

stavyaḥ stavapriyaḥ stotraṃ stutiḥ stotā raṇapriyaḥ |  
pūrṇaḥ pūrayitā puṇyaḥ puṇyakīrtiranāmayaḥ || 73 ||

manojavastīrthakaro vasuretā vasupradaḥ |  
vasuprado vāsudevo vasurvasumanā haviḥ || 74 ||

sadgatiḥ satkṛtiḥ sattā sadbhūtiḥ satparāyaṇaḥ |  
śūraseno yaduśreṣṭhaḥ sannivāsaḥ suyāmunāḥ || 75 ||

bhūtāvāso vāsudevaḥ sarvāsunilayo᳚nalaḥ |  
darpahā darpado dṛpto durdharo᳚thāparājitaḥ || 76 ||

viśvamūrtirmahāmūrtirdīptamūrtiramūrtimān |  
anekamūrtiravyaktaḥ śatamūrtiḥ śatānaḥ || 77 ||

eko naikaḥ savaḥ kaḥ kiṃ yattat padamanuttamam |  
lokabandhurlokanātho mādhave bhaktavatsalaḥ || 78 ||

suvarṇavarṇo hemāṅgo varāṅgaścandanāṅgadī |  
vīrahā viṣamaḥ śūnyo ghṛtāśīracalaścalaḥ || 79 ||

amānī mānado mānyo lokasvāmī trilokadhṛk |  
sumedhā medhajo dhanyaḥ satyamedhā dharādharāḥ || 80 ||

tejo᳚vṛṣo dyutidharaḥ sarvaśastrabhṛtāmvaraḥ |  
pragraho nigraho vyagro naikaśṛṅgo gadāgrajaḥ || 81 ||

caturmūrti ścaturbāhu ścaturvyūha ścaturgatiḥ |  
caturātmā caturbhāvaścaturvedavidekapāt || 82 ||

samāvarto॑nivṛttātmā durjayo duratikramah |  
durlabho durgamo durgo durāvāso durārihā || 83 ||

śubhāṅgo lokasāraṅgaḥ sutantustantuvardhanaḥ |  
indrakarmā mahākarmā kṛtakarmā kṛtāgamaḥ || 84 ||

udbhavaḥ sundaraḥ sundo ratnanābhaḥ sulocanaḥ |  
arke vājanaḥ śṛṅgī jayantaḥ sarvavijjayī || 85 ||

suvarṇabindurakṣobhyaḥ sarvavāgīśvareśvaraḥ |  
mahāhṛdo mahāgarto mahābhūto mahānidhiḥ || 86 ||

kumudaḥ kundaraḥ kundaḥ parjanyaḥ pāvano॑nilaḥ |  
amṛtāśo॑mṛtavapuḥ sarvaññaḥ sarvatomukhaḥ || 87 ||

sulabaḥ suvrataḥ siddhaḥ śatrujicchatrutāpanaḥ |  
nyagrodho॑dumbaro॑śvatthaścāṅūrāndhra niṣūdanaḥ || 88 ||

sahasrārciḥ saptajihvaḥ saptaidhāḥ saptavāhanaḥ |  
amūrtiranagho॑cintyo bhayaḥkṛdbhayanāśanaḥ || 89 ||

aṅurbṛhatkṛśaḥ sthūlo guṇabhṛnnirguṇo mahān |  
adhṛtaḥ svadhṛtaḥ svāsyāḥ prāgvamśo vaṃśavardhanaḥ || 90 ||

bhārabhṛt kathito yogī yogīśaḥ sarvakāmadaḥ |  
āśramaḥ śramaṅgaḥ, kṣāmaḥ suparṇo vāyuvāhanaḥ || 91 ||

dhanurdharo dhanurvedo daṇḍo damayitā damaḥ |  
aparājitaḥ sarvasaho niyantā॑niyamo॑yamaḥ || 92 ||

sattvavān sāttvikaḥ satyaḥ satyadharmaparāyaṅgaḥ |  
abhiprāyaḥ priyārho॑rhaḥ priyakṛt prītivardhanaḥ || 93 ||

vihāyasagatirjyotiḥ surucirhutabhugvibhuḥ |  
ravirvirocanaḥ sūryaḥ savitā ravilocanaḥ || 94 ||

ananto hutabhugbhoktā sukhado naikajo॑grajaḥ |  
anirviṇṇaḥ sadāmarṣī lokadhiṣṭhānamadbhutaḥ || 95 ||

sanātsanātanatamaḥ kapilaḥ kapiṛavyayaḥ |  
svastidaḥ svastikṛtsvastiḥ svastibhuk svastidakṣiṇaḥ || 96 ||

araudraḥ kuṇḍalī cakrī vikramyūrjitaśāsanāḥ |  
śabdātigaḥ śabdasaḥāḥ śiśiraḥ śarvarīkaraḥ || 97 ||

akrūraḥ peśalo dakṣo dakṣiṇaḥ, kṣamiṇāṃvaraḥ |  
vidvattamo vītabhayaḥ puṇyaśravaṇakīrtanaḥ || 98 ||

uttāraṇo duṣkṛtiḥ puṇyo duḥsvapnanāśanaḥ |  
vīrahā rakṣaṇaḥ santo jīvanaḥ paryavasthitaḥ || 99 ||

anantarūpo॑nanta śrīrjitamanyurbhayāpahaḥ |  
caturaśro gabhīrātmā vidiśo vyādiśo diśaḥ || 100 ||

anādirbhūrbhuvo lakṣmīḥ suvīro rucirāṅgadaḥ |  
janano janajanmādirbhīmo bhīmaparākramaḥ || 101 ||

ādharanilayo॑dhātā puṣpahāsaḥ prajāgaraḥ |  
ūrdhvagaḥ satpathācāraḥ prāṇadaḥ praṇavaḥ paṇaḥ || 102 ||

pramāṇaṃ prāṇanilayaḥ prāṇabhṛt prāṇajīvanaḥ |  
tattvaṃ tattvavidekātmā janmamṛtyujarātigaḥ || 103 ||

bhūrbhuvāḥ svastarustāraḥ savitā prapitāmahaḥ |  
yañño yaññapatiryajvā yaññāṅgo yaññavāhanaḥ || 104 ||

yaññabhṛd yaññakṛd yaññī yaññabhuk yaññasādhanaḥ |  
yaññāntakṛd yaññaguhyamannamannāda eva ca || 105 ||

ātmayoniḥ svayañjāto vaikhānaḥ sāmagāyanaḥ |  
devakīnandanaḥ sraṣṭā kṣitīśaḥ pāpanāśanaḥ || 106 ||

śaṅkhabhṛnnandakī cakrī śārṅgadhanvā gadādharah |  
rathāṅgapāṇirakṣobhyaḥ sarvapraharaṅāyudhaḥ || 107 ||

śrī sarvapraharaṅāyudha om nama iti |  
vanamālī gadī śārṅgī śaṅkhī cakrī ca nandakī |  
śrīmānnārāyaṇo viṣṇurvāsudevo ॐ bhirakṣatu || 108 ||

śrī vāsudevo ॐ bhirakṣatu om nama iti |

### uttara bhāgaṃ

#### phalaśrutiḥ

itīdaṃ kīrtanīyasya keśavasya mahātmanah |  
nāmnāṃ sahasraṃ divyānāmaśeṣeṇa prakīrtitam | || 1 ||

ya idaṃ śrṅṇuyānnityaṃ yaścāpi parikīrtayet | |  
nāśubhaṃ prāpnuyāt kiñcitso ॐ mutreha ca mānavaḥ || 2 ||

vedāntago brāhmaṇah syāt kṣatriyo vijayī bhavet |  
vaiśyo dhanasamṛddhaḥ syāt sūdraḥ sukhamavāpnuyāt || 3 ||

dharmārthī prāpnuyāddharmamarthārthī cārthamāpnuyāt |  
kāmānavāpnuyāt kāmī prajārthī prāpnuyātprajām | || 4 ||

bhaktimān yaḥ sadotthāya śucistadgatamānasaḥ |  
sahasraṃ vāsudevasya nāmnāmetat prakīrtayet || 5 ||

yaśaḥ prāpnoti vipulaṃ nñātiprādhānyameva ca |  
acalāṃ śrīyamāpnoti śreyaḥ prāpnotyanuttamam | || 6 ||

na bhayaṃ kvacidāpnoti vīryaṃ tejaśca vindati |  
bhavatyarogo dyutimān balarūpa guṇānvitaḥ || 7 ||

rogārto mucyate rogādbaddho mucyeta bandhanāt |  
bhayānmucyeta bhīstastu mucyetaṭpanna āpadaḥ || 8 ||

durgāṇyatitaratyāśu puruṣaḥ puruṣottamam |  
stuvannāmasahasreṇa nityaṃ bhaktisamanvitaḥ || 9 ||

vāsudevāśrayo martyo vāsudevaparāyaṇaḥ |  
sarvapāpaviśuddhātmā yāti brahma sanātanam | || 10 ||

na vāsudeva bhaktānāmaśubhaṃ vidyate kvacit |  
janmamṛtyujarāvvyādhibhayaṃ naivopajāyate || 11 ||

imaṃ stavamadhīyānaḥ śraddhābhaktisamanvitaḥ |  
yujyetātma sukhakṣānti śrīdhṛti smṛti kīrtibhiḥ || 12 ||

na krodho na ca mātsaryaṃ na lobho nāśubhāmatih |  
bhavanti kṛtapuṇyānāṃ bhaktānāṃ puruṣottame || 13 ||

dyauḥ sacandrārkanakṣatrā khaṃ diśo bhūrmahodadhiḥ |  
vāsudevasya vīryeṇa vidhṛtāni mahātmanaḥ || 14 ||

sasurāsuragandharvaṃ sayakṣoragarākṣasam |  
jagadvaśe vartatedaṃ kṛṣṇasya sa carācaram | || 15 ||

indriyāṇi manobuddhiḥ sattvaṃ tejo balaṃ dhṛtiḥ |  
vāsudevātmakānyāhuḥ, kṣetraṃ kṣetrañña eva ca || 16 ||

sarvāgamānāmācāraḥ prathamam parikalpate |  
ācaraprabhavo dharmo dharmasya prabhuracyutaḥ || 17 ||

ṛṣayaḥ pitaro devā mahābhūtāni dhātavaḥ |  
jaṅgamājaṅgamaṃ cedam jagannārāyaṇodbhavam || 18 ||

yogoññānaṃ tathā sāṅkhyam vidyāḥ śilpādikarma ca |  
vedāḥ śāstrāṇi viññānametatsarvaṃ janārdanāt || 19 ||

eko viṣṇurmahadbhūtaṃ pṛthagbhūtānyanekaśaḥ |  
trīṃlokānvyāpya bhūtātmā bhukte viśvabhugavyayaḥ || 20 ||

imaṃ stavamaṃ bhagavato viṣṇorvyāsenā kīrtitam |  
paṭhedyā iccetpuruṣaḥ śreyāḥ prāptuṃ sukhāni ca || 21 ||

viśveśvaramajaṃ devaṃ jagataḥ prabhumavyayam |  
bhajanti ye puṣkarākṣaṃ na te yānti parābhavam || 22 ||

na te yānti parābhavam oṃ nama iti |

### **arjuna uvāca**

padmapatra viśālākṣa padmanābha surottama |  
bhaktānā manuraktānāṃ trātā bhava janārdana || 23 ||

### **śrībhagavānuvāca**

yo mām nāmasahasreṇa stotumicchati pāṇḍava |  
so<sub>2</sub>hamekena ślokena stuta eva na saṃśayaḥ || 24 ||

stuta eva na saṃśaya oṃ nama iti |

### **vyāsa uvāca**

vāsanādvāsudevasya vāsitaṃ bhuvanatrayam |  
sarvabhūtanivāso<sub>2</sub>si vāsudeva namo<sub>2</sub>stu te || 25 ||

śrīvāsudeva namostuta oṃ nama iti |

### **pārvatyuvāca**

kenopāyena laghunā viṣṇornāmasahasrakam |  
paṭhyate paṇḍitairnityaṃ śrotumicchāmyahaṃ prabho || 26 ||

### **īśvara uvāca**

śrīrāma rāma rāmeti rame rāme manorame |  
sahasranāma tattulyaṃ rāmanāma varānane || 27 ||

śrīrāma nāma varānana oṃ nama iti |

### **brahmovāca**

namo<sub>2</sub>stvanantāya sahasramūrtaye sahasrapādākṣīrorubāhave |  
sahasranāmne puruṣāya śāśvate sahasrakoṭī yugadhāriṇe namaḥ || 28 ||



śrī sahasrakoṭī yugadhāriṇe nama oṃ nama iti |

**sañjaya uvāca**

yatra yogeśvaraḥ kṛṣṇo yatra pārtho dhanurdharaḥ |  
tatra śrīrvijayo bhūtirdhruvā nīrmatirmama || 29 ||

**śrī bhagavān uvāca**

ananyāścintayanto mām ye janāḥ paryupāsate |  
teṣāṃ nityābhilyuktānāṃ yogakṣemaṃ vahāmyaham | || 30 ||

paritrāṇāya sādḥūnāṃ vināśāya ca duṣkṛtām | |  
dharmasaṃsthāpanārthāya sambhavāmi yuge yuge || 31 ||

ārtāḥ viṣaṇṇāḥ śīthilāśca bhītāḥ ghoreṣu ca vyādhiṣu vartamānāḥ |  
saṅkīrtya nārāyaṇaśabdamaṅtraṃ vimuktaduḥkhāḥ sukhino bhavanti || 32 ||

kāyena vācā manasendriyairvā buddhyātmanā vā prakṛteḥ svabhāvāt |  
karomi yadyatsakalaṃ parasmai nārāyaṇāyeti samarpayāmi || 33 ||

yadakṣara padabhraṣṭaṃ mātrāhīnaṃ tu yadbhavet  
tatsarvaṃ kṣamyatām deva nārāyaṇa namo<sup>2</sup>stu te |  
visarga bindu mātrāṇi padapādākṣarāṇi ca  
nyūnāni cātiriktāni kṣamasva puruṣottamaḥ | |